

Part 2 Introductory Basketball Clinic 3rd - 8th grade: January 2026

Good afternoon school families.

I am continuing the Basketball Clinic this January. It is open to St. John's Lutheran students in the 3rd grade through 8th grade. I had coached the St. John's Lutheran girls basketball team for 15 years before the pandemic.

These 3 weeks will include learning how to shoot a lay-up and other conditioning in order to improve dribbling, shooting, and passing skills.

Thank you Ms Bock

3 weeks = \$50 per student: The permission slip and fee are due by Monday, January 5th. Cash or a check made payable to *St. John's Lutheran School*.

When: Tuesdays After School until 4:45 pm January 6th, 13th, 20th

Please bring: Exercise clothes and sneakers; water, juice, or a sports drink; a quick, light snack to eat at 3:15 (No Gum allowed) Asthma inhaler (if applicable);

Also Needed in order to participate: A Health Exam form from within the last year with the "Full Physical Activity" box checked off. Alternatively you can ask your doctor to sign the Extra Curricular Permission Slip which is available under the Registration tab on our school website. www.school.stjohnslutheransi.org

Part 2 Introductory Basketball Clinic for St. John's Lutheran Students in 3rd - 8th grade: January 2026

I give my child(ren) _____ grade(s) _____

Permission to participate in the January 2026 Basketball Clinic with Ms Bock

Guardian's Name _____ Date _____

Contact # _____ Medical is on file ____Y ____N

Adult picking child up if different _____

\$50 Enclosed per child _____ # participants x 50= Total \$ _____